

Are you a cancer patient or survivor? I need your help please!

We need cover photos for the cancer school programme to be launched in South African schools. The programme is about cancer in general (not only testicular). See my website for more details: <http://www.love-your-nuts.com/projects.html>

The photos can be of young, old, male, female people and obviously the whole range of skin colours - because cancer is not picky! It could be you ... bald, a wig, a bandana, ... or the healthy you. Whatever you're comfy with!

Please mail me your photo in high resolution. (By mailing me the photo you are giving permission that I may use your photo free of charge for the cancer school programme and advertising/awareness related to that.)

Please share this with other cancer survivors/patients that you know. Maybe they would like to support this cause too.

Thanks for your support!

Running in Cap & Undies on World Cancer Day

With my project "Love your nuts – Testicular cancer in a nutshell" I like to raise awareness among young men because testicular cancer is most common between 15 and 38.

At the Lace-up for Cancer fun run (organised by HPCA (Hospice Palliative Care Association of South Africa – www.hpca.co.za) in Mouille Point on World Cancer Day (4 February) I challenged guys



Top: GermanSchool: 9 teachers and students from the German International School Cape Town joined the run.

Below: LYN supporters & LYN starters: 36 people were ballsy enough to join the fun run in underwear to raise awareness for testicular cancer. Four of them were women who like my idea to get men involved in their health issues.



Torsten Koehler
(Testicular cancer survivor & Founder of the "Love your Nuts" project)

to run in "Love your nuts" underwear and caps only. 36 people were ballsy enough to join. Four of them were women who like my idea to get men involved in their health issues.

Love your Nuts on sexual health talk show

On Wednesday 8 April 2015 at 20:30 the show was aired on Channel 190 DStv (ED Channel). It was a discussion on facts about testicular cancer by Prof. Michael Herbst (Head of Health – CANSA) and me talking about my cancer journey and the impact on my life as well as my project "Love your nuts – Testicular Cancer Education in a Nutshell" (www.love-your-nuts.com)

South Africa only African country participating in global exhibition!

In a world focused on celebrities and pop culture, Mr. Ballsy was inspired to combine these topics with art to draw attention to his (and mine) mission in life - testicular cancer awareness!

The Celebrity Balls Exposed art display is a global initiative to increase awareness with simultaneous art exhibits in ten countries during April, Testicular Cancer Month.

Each individual Ballsy piece is unique to the country it resides in, displaying native celebrities embellishing with two extra, very distinctive characteristics. Each Ballsy piece was hand-drawn by Mr. Ballsy (Thomas Cantley) – www.mrballsy.com and then brought digitally to life by Nicole Richard.



Testicular Cancer Education in a Nutshell

